

Get more done with M's SMART•stik. From morning till night, boost creativity, motivation and overall cognitive potential with safe, proven nootropic ingredients.



Brain fog. It may hit you in the morning, afternoon, or night, but there's a point in your day when your brain tires. From failing to recall that one simple word that's just on the tip of your tongue, to walking into a room, looking around, and realizing you have completely forgotten why you entered in the first place, brain fog creeps up on us all. **Now you can blow away the fog with natural ingredients** containing **nootropics** that will **boost clarity, focus, and motivation.**

WHAT IS A NOOTROPIC? Nootropic (Greek word meaning 'towards the mind') is a fancy term for compounds that are neurologically active and have an affect on cognitive potential. In other words, **they're brain boosters.**

SMART•STIK is the perfect pairing of hydration and smarts! **Water and hydration** are **key** to keeping your brain healthy and fog free. Your brain will thank you. ▶

- BOOSTS CLARITY & FOCUS
- STIMULATES YOUR MIND
- SAFE FOR DAILY USE
- ONLY 5 CALORIES



NOOTROPIC BRAIN BOOST

pineapple

30 stiks per box

L-THEANINE

This amino acid helps with relaxation without sedation, helps improve focus by increasing brain levels of GABA (a neurotransmitter that calms the brain) and when paired with caffeine, synergizes and neutralizes the ‘bad’ effects of caffeine. So less crashing, less shaking, more energy and clarity.

BACOPA MONNIERI

Also known as the ‘Herb of Grace’, helps stimulate the regeneration of brain tissue, helping with memory and improving anxiety. It has also been linked to help clean out toxins from your liver, and reduce swelling in your brain caused by sickness.

GUARANA

This plant not only helps keep you energized, it helps with your body’s metabolism, breaking down foods and helping your body extract more energy from them.

GREEN TEA

Known for it’s antioxidants, green tea also has anti-inflammatory properties both essential for healthy brain function. And when paired with the aforementioned L-Theanine, has been known to increase reaction time.

GINSENG

Used to provide an energy boost, relieve stress, and even help lower blood sugar and cholesterol levels, Tibetan monks have used it for centuries to clear their minds before meditation.

INOSITOL

This carbohydrate is great at keeping fats from collecting around the liver. It also has energy properties and helps regulate your serotonin and GABA levels, clearing your mind and boosting your mood simultaneously.

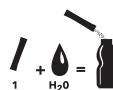
HUPERZINE

Derived from club moss, it has been used in China for centuries as a cold and rheumatoid remedy. It relaxes muscles and tendons, improves blood circulation, inhibits the enzyme that degrades the learning neurotransmitter. And is currently being studied to be used to fight Alzheimer’s.

WHY HELLO

When you need to be focused, attentive, and process information accurately all while being in a good mood, then power your mind with a SMART stik. It’s the mental motivation boost you never knew you always needed to get more done in a day. Say hello to the new you!

SMART • stik



Mix ONE M•stik w/16oz of water.

Nutrition Facts

Serving Size 1 Stick (4.7g) Servings Per Container 30

	Amount Per Serving	% DV*
Calories	5	
Total Fat	0 g	†
Sodium	0 g	†
Potassium	0 g	†
Total Carbohydrates	0 g	†
Sugars	1 g	†
Protein	0 g	†
Natural Caffeine	25 mg	†

Proprietary M-NOOT™ Blend: 165 mg †
L-Theanine, Bacopa Monnieri, Caffeine from Green Coffee Bean, Ginseng extract, Inositol, Huperzine

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Daily Value not established

OTHER INGREDIENTS: crystalline fructose, citric acid, natural pineapple flavor, stevia, beta caratone.

Vegan friendly. Gluten free. Soy and dairy free.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

